Run for Fun: Exergame Enjoyment Questionnaire
For each of the statements below, please circle how much you agree or disagree with the statement.

1. I felt excited about the physical activities in the game.

   Strongly Disagree  Disagree  Neutral  Agree  Strongly Agree

2. The exercise in this game made me feel good.

   Strongly Disagree  Disagree  Neutral  Agree  Strongly Agree

3. I felt like I lost track of time while playing

   Strongly Disagree  Disagree  Neutral  Agree  Strongly Agree

4. I felt that it was difficult to understand how the game works.

   Strongly Disagree  Disagree  Neutral  Agree  Strongly Agree

5. I was focused on the game.

   Strongly Disagree  Disagree  Neutral  Agree  Strongly Agree

6. I felt that the game would have been more enjoyable without physical activity.

   Strongly Disagree  Disagree  Neutral  Agree  Strongly Agree

7. I felt that it was easy to familiarize myself with the game controls.

   Strongly Disagree  Disagree  Neutral  Agree  Strongly Agree

8. I felt emotionally attached to the game.

   Strongly Disagree  Disagree  Neutral  Agree  Strongly Agree
9. I consider playing the game “exercise”.

   Strongly Disagree    Disagree    Neutral    Agree    Strongly Agree

10. I felt that the physical activity was too intense for me.

   Strongly Disagree    Disagree    Neutral    Agree    Strongly Agree

11. I did not feel a desire to make progress in the game.

   Strongly Disagree    Disagree    Neutral    Agree    Strongly Agree

12. I felt a strong sense of being in the world of the game to the point that I was unaware of my surroundings.

   Strongly Disagree    Disagree    Neutral    Agree    Strongly Agree

13. I would rather not be exercising, even though the exercise was accompanied by game elements.

   Strongly Disagree    Disagree    Neutral    Agree    Strongly Agree

14. I felt that playing the game was beneficial for my physical well-being.

   Strongly Disagree    Disagree    Neutral    Agree    Strongly Agree

15. I felt that this game provided an enjoyable challenge.

   Strongly Disagree    Disagree    Neutral    Agree    Strongly Agree

16. I felt a sense of accomplishment from playing the game.

   Strongly Disagree    Disagree    Neutral    Agree    Strongly Agree
17. I felt that the game reacted quickly to my actions.

Strongly Disagree    Disagree    Neutral    Agree    Strongly Agree

18. I did not feel like I wanted to keep playing.

Strongly Disagree    Disagree    Neutral    Agree    Strongly Agree

19. I would prefer that this physical activity was not accompanied by game elements.

Strongly Disagree    Disagree    Neutral    Agree    Strongly Agree

20. I felt in control of the game.

Strongly Disagree    Disagree    Neutral    Agree    Strongly Agree